

# The Hinsdalean

Thursday, April 16, 2020 • Hinsdale, Illinois • Volume XIV, Issue 30 • 40 Pages • \$1 on newsstands

*Community journalism the way it was meant to be*



**Messages of hope** — While walking around Hinsdale these days, residents are liable to come across a message written on a small stone or even a brick. The colorful hand-painted stones often are placed at the base of trees. In this case a brick was placed on top of the Robbins Park sign. Under a nearby park bench, the brick just has the word “Hope” painted on it. Whether written on a small stone or a brick, the messages display the community’s spirit. (Jim Slonoff photo)



Hinsdale family sharing in work, play while at home.

**Page 7**



Essential worker helping to keep Hinsdale caffeinated.

**Page 14**



Sports ‘Throwback Thursday’ continues this week.

**Page 38**



## APRIL DINNER MENU

### MONDAY

BEEF SHORT RIBS WITH AUGRATIN POTATOES AND STEAMED GREEN BEANS  
ROTISSERIE CHICKEN STEW (PEAS, CARROTS AND PEARL ONIONS) WITH BISCUITS

### TUESDAY

CHICKEN PICCATA ON ANGEL HAIR PASTA  
SWEET BELL PEPPER STEAK AND BROWN RICE

### WEDNESDAY

SALISBURY STEAK WITH MASHED POTATOES AND HONEY ROASTED CARROTS

MEAT LASAGNA

### THURSDAY

BEEF STEW WITH CLASSIC MASHED POTATOES  
CHICKEN ROMANO ON LINGUINE WITH LIMONE SAUCE

### FRIDAY

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# NEWS

## Virus doesn't halt local construction work

By Ken Knutson

*kknutson@thehinsdalean.com*

COVID-19 has certainly disrupted regular school rhythms, but the absence of students has meant an early start to campus improvement work.

At the April 9 Hinsdale High School District 86 Board meeting, Chief Financial Officer Josh Stephenson updated board members on the construction timeline for Future Ready Facilities plans at Hinsdale Central and Hinsdale South. Stephenson said the district has obtained necessary permits from the DuPage Regional Office of Education.

"That allows us to commence any construction projects within the buildings or the roof work," he stated, detailing in a memo that roof work at Central has begun.

Stephenson also reported that the village of Hinsdale April 7 approved

the district's package of zoning requests for Central concerning parking spaces and landscaping; safety netting at the baseball field at Grant and 57th streets; new fencing for the tennis courts, track, baseball field backstop and other areas; and provisions related to two soccer field team shelters and a press box.

"So we are good to move forward with some of the site work, the turf fields," he said.

Removal of turf from the practice fields at both Central and South is scheduled to begin next week, as is work on the fence along the east property line at Central. Load testing with helical piles also has started for the new natatorium at Central.

Board President Kevin Camden said the opportunity to advance the construction timeline is a positive development.

"That's a bit of good news in an otherwise difficult situation. We can

accelerate the contracts for purposes of the turf fields and the tennis courts, which may give us some flexibility at the back of the summer," Camden said. "If the buildings are going to be closed for circumstances beyond our control, we're fortunate to have Pepper (Construction) be able to mobilize and move and start on projects."

The \$140 million project to renovate Central and South was approved in an April 2019 referendum.

### Deck work proceeds

Construction on the parking deck for Hinsdale's central business district continues on schedule for a targeted finish in June, according to assistant village manager Brad Bloom.

"They are still on track to meet the scheduled completion date,"

Bloom said, noting that work on the bus drop-off work was on pace to be completed yesterday, after The Hinsdalean went to press.

The deck, being built adjacent to Hinsdale Middle School but being financed mostly by the village, is for both the school and village use. At the April 6 Community Consolidated District 181 meeting, board members were informed that crews were prevented from entering the school building over spring break to do scheduled deck-related work, such as plumbing and electrical connections, due to the coronavirus.

Bloom indicated that talks with district officials are ongoing to figure out how to allow that work to proceed.

"We are working with the school district to get access to the school to make necessary connections," Bloom said.

## Easter bunny hops around Hinsdale on house calls



With annual Easter Egg hunt put on hold this year, the Hinsdale Parks and Recreation Department and The Community House teamed up to chauffeur the bunny around town to make some house calls. One of his first stops was visiting Kennedy and



Madison DeLacey, along with parents Jeff and Rebecca. A short hop away, he dropped in on Duke Jelinek and his parents, David and Brittany. We're happy to report that the bunny was able to comply with social distancing guidelines. (Jim Slonoff photos)

# IN THIS TOGETHER



**Open for business** — The “Little Library” on the corner of Garfield Avenue and Sixth Street has set up a new line of goods available and has rebranded itself to the “Little Free Food Pantry”. If you have a photo showing how you or your friends or neighbors are coping these days, email it to [jslonoff@thehinsdalean.com](mailto:jslonoff@thehinsdalean.com).

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Abbie Russell  
turns 18 April 21

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Our letters policy is published on Page 11.

**Obituaries**  
Obituaries are published free each week in The Hinsdalean. Information may be mailed, faxed or emailed to [news@thehinsdalean.com](mailto:news@thehinsdalean.com). Obituaries may be edited for style and space.

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# Teachers, kids tackle new assignment

*Districts 181, 86 adapt to new plan as schools switch from e-learning to remote learning*

By Pamela Lannom and Ken Knutson

Gabrielle Pastiak couldn't have an in-person discussion about the economy Tuesday with her fourth-graders at Oak School.

So she posted a photo on Padlet and asked her students a simple question: "What's going on in this picture?" Their responses appear as sticky notes around the photo (see art).

Other assignments on Tuesday involved calculating the volume of irregular shapes, reading a Newsela article on healthy otters and writing a response to a previous reading assignment about butterflies. The schedule also included optional activities and two Zoom meetings.

"The biggest difference for everyone is we're really trying to make remote classrooms feel as close to a normal classroom as possible," Pastiak said of the switch from e-learning to remote learn-

ing this week. "There is much more live interaction between teachers and students in all classrooms."

The Illinois State Board of Education called for the switch to remote learning and issued a set of recommendations for school districts. The shift has required educators to focus less on quantity and more on quality, said Julie Hafner, a fifth-grade teacher at Prospect School.

"How can we take the lessons we thought we were going to use, and how can we boil it down to what is absolutely necessary?" she said.

The District 181 schedule for third- to fifth-graders calls for 30 minutes of instruction three times a week for reading/language arts and math and two times a week for science and social studies. Students spend the other two days a week on independent practice or assessments in each subject. Each student also has 60 meetings of art, music and/or world language

assignments to complete each week and 30 minutes of physical activity each day.

"I think part of the abbreviated school day is to make sure the students' stamina can remain for that duration of time," Pastiak said. "There's only so long a child can work independently."

The shorter day might actually be more productive for some students, Hafner observed, citing one boy who sharpened his focus without friends around.

"Some kids really do get caught up in the social aspects of school, and when all the distractions are away, they really are able to produce," she said.

Maintaining some contact, even through a screen, is important for the students' social-emotional health, the teachers agreed.

"It's a global pandemic, so we're making sure that we're all hosting class meetings and having that face-to-face time where you can share how your weekend was, to keep that sense of normalcy and support for them as well," Pastiak said.

Preparing for remote learning takes two to three times as long as planning normal classes, both said. They appreciate the teamwork among staff members and the professional development provided by the district. Pastiak said this collaboration — which extends to students and parents — is one of the silver linings of this experience.

"I think another silver lining is the students. They are resilient and they are so flexible and so positive, despite the circumstances," Pastiak said. "I'm biased, but I think we have the most amazing students."

Other benefits teachers have discovered are the opportunities to slow down a little and the life skills students are learning, such as how to be more independent.

"Our kids are going to do fine," Hafner said. "They are so resilient and we're hitting the main stuff and at this point, it's about keeping them happy and keeping them safe. That's more of a goal for me now, feeling connected."

## Red Devils go virtual

Hinsdale Central math teacher Julie Saller said the switch to e-learning following the closing of Illinois schools March 14 was a test of perseverance.

Negotiating the new paradigm for her own algebra 2, AP calculus and multi-variable calculus classes was daunting enough. Factor in her secondary role as a technology coach helping colleagues set up their virtual environments and, well, things got complex.

"I was very overwhelmed the first couple of weeks," she said. "I was constantly fielding emails and phone calls."

The transition to a more formalized remote learning structure after spring break ushered in a more predictable daily formula. Mondays are now reserved for lesson planning and student catch-up work. Enrichment activities are available for those who want extra practice or students can check in with her.

"I hold virtual office hours throughout the day on Monday," she said.

Teaching from a distance has, ironically, demanded closer collaboration with her department colleagues to streamline the workload. They trade off tasks of recording an instructional video, crafting a homework assignment and creating an assessment tool (e.g. quiz).

"I've always kind of looked at my own classes and made decisions," she said. "I've never worked as closely with my teammates as I do now."

Or at her job, period. "It's definitely a lot more work than the normal day-to-day than I'm used to," she said.

Fellow math teacher Abbey Green said the district's scheduling of one hour of class followed by an hour off was a healthy move.

"It gives kids structure but it also gives kids freedom," she said, noting some households have multiple kids doing remote learning or face other circumstances that necessitate some downtime.

"It's a design that tries to keep learning moving forward and also recognize that there are probably a lot of things that are happening at home, too."

Open lines of communication, whether through Zoom meetings or other online tools, are vital for sharing concerns or simply socializing.

"I want them to feel comfortable telling me what they need," Green said. "I miss the convenience of being able to see my students' faces to gauge their understanding. They crave communication and they crave being able to connect with people."

Senior Jackson Hughes said he's been pleasantly surprised at the remote learning results.

"Online classes and having a class schedule to complete has given life a much greater sense of normalcy and interconnections in a time where everybody is very disconnected," he said.

The latitude students are given for completing their work is also appreciated.

"The structure of the learning is very well designed to allow students to participate in their classes while at the same time not feeling pressured to complete all the work within the slotted time," Hughes said.

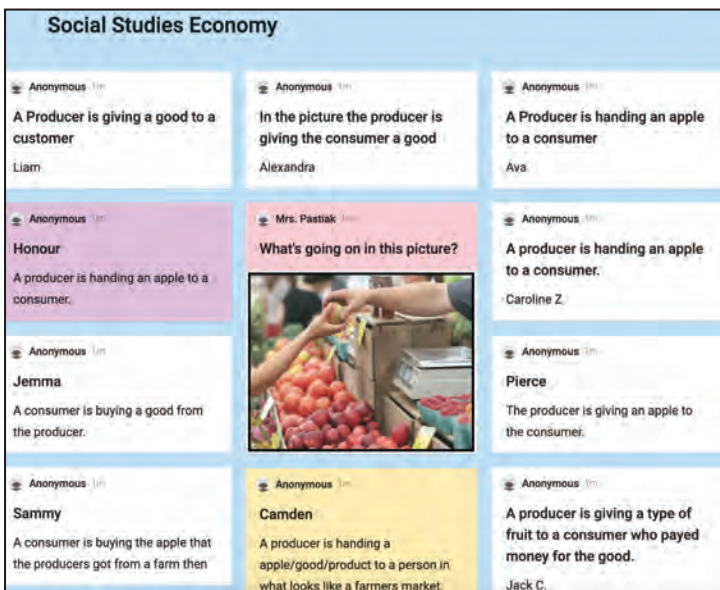
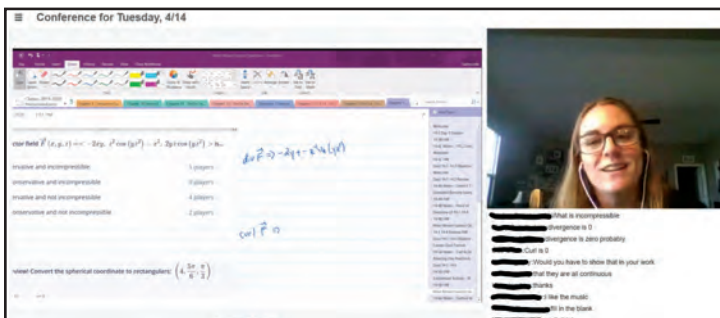
Students aren't graded on their remote learning work (class grades are locked in from the last in-school day), but that doesn't mean assignments are optional.

Hinsdale Central Principal Bill Walsh, who also reported a steep drop in frantic phone calls and emails since the first couple e-learning weeks, said that message is still being driven home.

"The biggest issue schools have is getting students to do the work," Walsh stated. "You have to do the work; otherwise you're going to get an incomplete. What that ultimately means is you're going to go to summer school."

Green said there's a lot of praise to go around.

"Every single person is trying to help each other out, trying to do everything that we can and make sure students are feeling OK."



**Hinsdale Central** math teacher Julie Saller holds an e-learning session with a class Tuesday. Students see her face and her screen as she writes and responds to questions live. Oak teacher Gabrielle Pastiak gave this assignment on the economy to her fourth-graders. (photo, art provided)

## NEXT WEEK

### Hinsdale High School District 86 Board livestreamed meeting

6 p.m. Thursday, April 23, <https://www.d86.hinsdale86.org>

### Hinsdale Public Library Board Zoom meeting

7 p.m. Tuesday, April 21, <https://www.hinsdalelibrary.info>  
On the draft agenda: emergency personnel plan, circulation policy

### Hinsdale Village Board livestreamed meeting

7:30 p.m. Tuesday, April 21, <https://www.villageofhinsdale.org>  
On the draft agenda: Chicago drainage corridor bids, joint purchase of winter de-icing salt

## MEETING ROUNDUP

### Community Consolidated District 181 Board

Among other business at their April 6 meeting, board members:

- awarded the contract for Oak School roof replacement to DCG Roofing Solutions Inc. for \$433,015
- approved a three-year contract for new iPads for students and staff for \$342,908. The plan includes the purchase of 900 Apple iPad seventh generation devices for new third-graders, elementary staff and instructional aides. Thirty will be given to each middle school for student use with STEAM and multimedia content-creation. The remaining 92 will be held in reserve for replacing catastrophically damaged devices, staff changes or additions and mid-year student move-ins. These devices will remain with the groups for three years.

• learned from John Munch, assistant superintendent of human resources, that the administration is anticipating an elementary staffing level of 102 FTE based on current enrollment projections for the 2020-21 school year. That represents no increase over the current school year. Munch said that, historically, the district has experienced a 5 percent increase in elementary school enrollment numbers from March to August and that two elementary teacher FTE will be retained to cover this anticipated bump. At the middle schools, enrollment is not expected to change to a degree that would require additional staffing.

## Three more Hinsdale residents have COVID-19

The DuPage County Health Department reported 18 confirmed cases of COVID-19 in Hinsdale as of 11 a.m. April 14.

The county has a total of 1,313 confirmed cases, including 60 deaths, according to a map on the health department's website. A week ago Hinsdale had 15 confirmed cases, with 780 confirmed cases across the county, including 26 deaths.

Among the county cases, 54 of them, including 10 deaths, are associated with a long-term care facility in Willowbrook, which news reports have identified as Chateau Nursing home. Twenty-two other long-term care facilities in the county have cumulatively reported 129 cases, including 22 deaths.

"To respect the privacy of residents, families and staff,

the DuPage County Health Department does not identify facilities with cases or deaths related to COVID-19," the health department stated in an email.

The 50-59 age group has recorded the highest number of cases, with 231. The breakout for other age groups is as follows

- 0-9, seven cases
- 10-19, 13 cases
- 20-29, 158 cases
- 30-39, 193 cases
- 40-49, 214 cases
- 60-69, 217 cases
- 70-79, 135 cases
- 80 and older, 145 cases

Among DuPage municipalities, Naperville has the most cases with 106.

The health department's website is <https://www.dupagehealth.org>.

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# Fowlers have global, local perspective

*Pepsi exec, Orangetheory franchise owner, two students are all working under one roof*

By Pamela Lannom  
plannom@thehinsdalean.com

As a member of the global pandemic executive team for PepsiCo Global, Tim Fowler spends most of his weekday mornings hearing how COVID-19 is affecting 180 different countries around the world.

“Even though we’re here, I almost feel more globally aware,” he said. “As a part of the food chain, we’re an essential business, so it’s really important that we keep running, do it safely.”

On a Saturday night, he might be portraying Charles Darwin at a themed family dinner while dining with Princess Diana, Blake Lively and Chloe Kardashian.

“The conversations were historic — Chloe Kardashian and Charles Darwin talking about the theory of evolution,” he said with a laugh.

Such is life at the Fowlers’ Hinsdale home, which has served as office and classroom for Tim, Jacquie and their daughters, Maddie and Grace.

Among the family’s activities are participating in the online workout programs offered by coaches at Orangetheory Fitness. The Fowlers are a franchisee, owning four studios.

“It’s quite incredible how many people do them each day,” Jacquie said. “We probably get 40 to 50 that do it during the session.”

Another 500 to 600 people will watch the video later in the day. They closed the studios in March and suspended memberships. Since then Jacquie

■ **FLATTENING THE CURVE**

*This is another in an ongoing series of stories on how COVID-19 is affecting people in Hinsdale.*

has been busy looking at federal economic assistance programs and developing social media strategies such as virtual triathlons and marathons to keep members engaged. The online classes are open to members and nonmembers.

“The more people we can help through this, whether it’s their physical health or their mental health, (the better),” she said. “People need to get out and stop thinking about this virus and stop being paralyzed by it.”

This pause in service also offers time to implement new software systems and freshen up the facilities at Orangetheory and Deka Lash, their other franchise.

“It’s been busy. It’s just been a different kind of busy,” Jacquie said.

Their daughters have been busy with online classes. Grace is a senior at Hinsdale Central High School and Maddie, a sophomore at Indiana University, has been home since her spring break.

“I think she’s trying to settle into losing that independence that she has being away at university,” her mom said.

Grace has been dealing with her own set of losses, from water polo (she was team captain) to prom and graduation.

“That’s tough for her,” Tim said. “She’s still good about it.



**Tim, Maddie, Jacquie and Grace Fowler** are spending some of their newfound family time by volunteering at HCS Family Services, an organization they’ve supported in the past. (Jim Slonoff photo)

I think about the other seniors in town, what they’re going through. I feel for them. I hope they’ll find a way to do something (to honor them).”

With all four under one roof, eating dinner together is a possibility for the first time in seven or eight years.

“Now we’re doing that again. I think in some ways this will push people to do things differently,” Tim said. “I hope some things people have put into their routines will stay.”

One aspect of their routine that hasn’t changed is extending a hand in outreach. On Monday morning the four

spent three hours at HCS Family Services unpacking donations and pre-packing 85 bags of groceries for families to pick up that afternoon.

“Tim and I felt pretty strongly that we wanted to do something to help, so I reached out to Stan (Cook, executive director) and Erin (Sharkey, board member) at the pantry, and they said they would love the help,” Jacquie said. “I think we feel pretty strongly about this group on an ongoing basis. We appreciate there are a lot more people in need right now.”

While sheltering in place has presented many challeng-

es, Tim believes it also has brought out the best in people. Colleagues on conference calls are genuinely interested when they ask each other how they are doing.

“It’s actually been kind of nice to see some of that come back,” he said. “Taking care of each other hasn’t always been high on people’s list the past five years.

“I hope that when things speed back up we don’t forget these things,” he added later. “There’s a decency, I think, in how most people are handling this that I would like to see stick around.”



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# POLICE BEAT

Hinsdale police distributed the following reports April 14.

## Domestic battery arrest

A 39-year-old Hinsdale man was arrested April 10 for making contact of an insulting or provoking nature with a family member. He was charged and taken to DuPage County Jail.

## Driver arrested for drug DUI

Hesham A. Almontesar, 21, 6201 Appoline St., Dearborn, Mich., was arrested for driving under the influence of drugs, speeding at least 35 miles per hour over the speed limit, unlawful use of cannabis by a driver and stopping, parking or standing on the roadway at 12:59 a.m. April 9 in the 600 block of West Ogden Avenue. The suspect was in possession of a green leafy substance that field tested positive for cannabis. He was charged and released to appear in court.

## Suspended license arrest

Ruben Rodriguez Jr., 24, 7823 S. Mulligan Ave., Burbank, was arrested for driving with a suspended license at 1:20 a.m. April 8 at Sixth and Oak streets. He was charged and released to appear in court.

## Vehicle stolen from driveway

A 2017 Audi Q7 was stolen between 12:11 and 7:55 a.m. April 10 while it was parked in a driveway in the 300 block of West Ninth Street. It was recovered the same day by the Calumet City Police Department. The victim believed the vehicle was locked but was unable to find the fob key.

## Office burglarized

A \$1,200 laptop, \$20 charging cable box and a \$20 bottle of wine were stolen from Buikema Law Group LLC, 15 Salt Creek Lane, at 12:17 a.m. April 11. A window had been shattered and the office was rummaged through.

## Hit and run incident

A vehicle parked in the Hinsdale Hospital Parking Garage, 119 N. Oak St., was struck by another vehicle between 6:45 a.m. and 3:30 p.m. April 9.

## Business hit by forgery

A check for \$4,330.67 was cashed against a business account for Supreme Endodontics, 522 Chestnut St., at a bank in Atlanta on April 6.

## Credit card fraud reported

A business credit card for Hinsdale Eye Center, 126 W. First St., was used to make three fraudulent purchases totaling \$173.60 between March 29 and April 1. The incident was reported April 7.

## D86 Board elects new officers

The Hinsdale High School District 86 Board elected new officers at its April 9 meeting.

Kevin Camden will replace Nancy Pollak as president.

Pollak enthusiastically endorsed her successor.

"Yes, yes, a thousand times yes," she said during the roll

call vote.

"Thank you all," Camden said. "I look forward to serving in the role."

Keith Chval will take over for Camden as vice president, and Kathleen Hirsman will remain the board secretary for the 2020-21 school year.



## The DOs & DON'Ts of Visiting Your Local Park During COVID-19

What is and is not allowed during the COVID-19 Pandemic? Questions? Call the Parks & Recreation Dept. (630)789-7091



### PLAYGROUNDS ARE CLOSED

Per the Executive Order issued by Governor Pritzker on March 20th, playgrounds are closed until further notice.



### COURTS ARE CLOSED

Courts have been found to be places of gathering in local parks, therefore they are closed until further notice. This includes ALL tennis, pickleball, platform tennis, and basketball courts.



### DO NOT GATHER

Groups should not be gathering in local parks during this time. This is not practicing safe social distancing per CDC guidelines. Local authorities will be enforcing.



### PRACTICE SOCIAL DISTANCING

Parks and trails are still open for walks and enjoyment, but remember to practice safe social distancing. This means staying 6ft away from individuals also using the park..



### OTHER REMINDERS

- Do not visit a park if you are sick or experiencing symptoms of COVID-19.
- Bathrooms are closed.
- Practice good hygiene.





## 60 SECONDS

### Desire to help others blossoms in Hinsdale gardener

For Carol Burck, spring cleaning doesn't just mean washing windows and cleaning out closets. As a master gardener, the promise of warmer weather takes her outdoors.

Burck has spent spring's sunniest days cleaning and preparing her garden for this year's growing season and looking forward to the day when her Hinsdale yard is once again filled with delicious vegetables and beautiful flowers.

Now semi-retired from a career in cancer research, the molecular biologist said she has always found gardening to be a great stress reliever. As a University of Illinois Extension Master Gardener, she aims to make gardening just as enjoyable for others.

The program accepts a limited number of applicants every other year, Burck said. After 10 to 12 weeks of classes that cover subjects such as biology, botany, insects, pesticides and plant diseases, budding master gardeners must complete volunteer hours.

"The great thing about the master gardener program is you're going out and helping the public

understand," Burck said.

Master gardeners are equipped with the facts, knowledge and experience to help amateurs overcome obstacles, solve problems and find joy in gardening.

Sometimes, a master gardener has to do a little research to solve a gardener's issue. That ongoing learning, Burck said, keeps things interesting.

"We reply to everything we get," Burck said of the calls and emails that come through the master gardener help line. Master gardeners also plant themselves at local events such as garden walks, festivals and at local libraries to answer people's questions.

Forest preserves, schools and park districts also benefit from the group's expertise. Burck has used her knowledge to help gardens at Cass Middle School in Darien and Anne M. Jeans School near Burr Ridge get their roots in the ground. The school-based gardens are important because they teach a new generation about the joys of gardening and the importance of plants, flowers and vegetables, Burck said.

In 2019, master gardeners participated in 13 community projects, 20 speaking engagements and 26 mobile help desks throughout DuPage County. Those 130 volunteers logged more than 10,000 hours in 2019, resulting in donations of 2,210 pounds of fresh-grown produce to area food pantries.

More than 200 of those hours were served by Burck, who was recognized at a U of I Extension event in December.

Burck said many of those hours were spent as leader of the Graue Mill Master Gardener team — a job that involves planning spring and summer events to help visitors to the mill find success in their own gardening projects.

She said backyard gardeners can start planting lettuce, radishes, kale, cabbage and bok choy now. But the greatest joy of gardening comes later in the year, Burck said.

"A fresh garden tomato is always, in my opinion, so much better than anything you can buy," she said.

— story by Sandy Illian Bosch, photo provided



#### CAROL BURCK

RETURNED TO HINSDALE AFTER STINTS IN BOSTON AND WASHINGTON, D.C. • LOGGED OVER 200 VOLUNTEER HOURS IN 2019 • LOVES USING FRESHLY GROWN INGREDIENTS IN HER COOKING • ENJOYS TRAVELING AND HIKING • LONGTIME JUDGE AT THE CHICAGO CITY SCIENCE FAIR

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# OPINION

EDITORIAL

## Tech plants seeds for Earth Day celebrations

Perhaps you had planned to participate in the village-wide clean-up of parks on April 24 to commemorate Earth Day. Or you might have had other activities scheduled to mark the 50th anniversary of Earth Day on April 22.

Now, with all of us sheltering in place, those plans have been canceled. Once again, technology is coming to the rescue.

"On April 22, Earth Day goes digital," the Earth Day Network announced at <https://www.earth-day.org>. The site includes a wealth of information about Earth Day — including a calendar listing some 200 online events. Here are a few that piqued our interest.

- The Energy Futures Initiative and Aspen Institute Energy and Environment Program will host a virtual event at 3 p.m. Wednesday, April 22, discussing the way forward on climate and health. The event will begin with remarks by former Energy Secretary Ernest Moniz, followed by a panel discussion on the climate and health nexus. Experts will discuss the impacts of climate change on human health, highlighting economic, security and social equity issues. Panelists are Michael Greenstone, director of the Energy Policy Institute of Chicago; Amy Luers, executive director of Future Earth and director of the Center

for Sustainability in the Digital Age; and Jacqui Patterson, senior director of the Environmental and Climate Justice Program NAACP. To register, visit [https://aspeninst.zoom.us/webinar/register/WN\\_FHWLzCwPRtivn\\_P0ouRHGw](https://aspeninst.zoom.us/webinar/register/WN_FHWLzCwPRtivn_P0ouRHGw)

- Join the New York Botanical Garden for Earth Day 50 with NYBG at Home, featuring multiple days of online programs. From observing and documenting nature to transcribing historical documents, people can take part in fostering a greater understanding of the natural world. Fellow citizen scientists of all experience levels join online projects focused on gathering and safeguarding data and knowledge about plant biodiversity. Go to <https://www.nybg.org/event/take-action-with-citizen-science-webinar/>.

- Sky Day Project is a global citizen artwork created by British artist and SkyDay founder Ben Whitehouse. Suitable for all ages, Sky Day Project is designed to connect people to the sky and to each other. Simply look up and document your experience of the dynamic changes overhead and then upload your sky-only photos to <https://www.skydayproject.org> between April 22 and 30.

- Participate in one or more of 100 free virtual presentations over five days. Topics include outdoor education, sound healing and guided

meditation, Reiki and other healing modalities, yoga, spiritual offerings and ceremonies, martial arts, drumming and dancing, live music, arts and crafts, cooking, canning, children's activities and more. Visit <https://touchmotherearth.com/earth-day-5-day-virtual-festival>

- After 7.5 years of travel with their vintage tiny home (72 square feet), Shari and Hutch share their story of global adventure, stewardship and personal growth in this Zoom meeting from 4 to 5:30 p.m. April 22. Accompanied by stunning imagery, their story is sure to inspire, entertain and challenge participants to think differently about life on the open road. The event is sponsored by George Mason University's Social Action and Integrative Learning (SAIL) and other departments. Visit <https://zoom.us/j/740209848>

- Celebrate Earth Day with PlanToys by participating in the Great Global Cleanup. Clean up your garage, living spaces, yard and street, and encourage neighbors and friends to do the same from a distance. For a chance to be featured on the @PlanToysOfficial Instagram account, take a picture of your efforts and tag #PlanToysEarthDay in the post. Go to <https://www.facebook.com/PlanToys/> on Earth Day to download some fun coloring sheets for the kids.

COMMENTARY

## God's grace evident in Zoom service, trip to store

Grocery shopping before a holiday always causes me a bit of angst as I try to find the perfect time when everything on my list will be on the shelves and the fewest number of customers will be in the store.

My anxiety was exacerbated last week with social distancing on my mind. When would most people head out to buy food for Easter dinner? Good Friday? Saturday? Should I go early? Late?

I settled on Thursday after work. I had two hours before our church's Maundy Thursday Zoom service started, and I thought that would be plenty of time.

I was wrong.

Everything seemed to take longer, from returning my Oberweis bottles at my first stop to securing half a dozen macarons (for Ainsley's Easter basket) at my second. When I was done, I still hadn't located the cup and a half of creme fraiche I needed for the potato gratin. I was frazzled, frustrated — and tired of

wearing my mask.

I also was horribly late. When I looked at the clock, I realized church would start in 15 minutes and I wasn't even home yet. I called Dan and suggested Ainsley hurry up and have her Italian beef sandwich, so she wouldn't get crabby from eating too late (wonder where she got that from?).

But she and her father were getting ready to sing "Were You There" early in the service. Eating a giant sandwich before singing was not advisable, he told me, suggesting she eat DURING the service. I was horrified by visions of au jus running down the side of her mouth and bread crumbs cascading down the front of her shirt for everyone on Zoom to see.

I arrived home in a panic a few minutes later. We managed to join Zoom on time, and the first thing



Pamela Lannom

our pastor did was ask everyone what they were having to eat and/or drink. She held up a plate of cheese and crackers; someone else showed off a stuffed pepper.

I had missed the email indicating we would be virtually sharing a meal to commemorate Jesus' last supper with his disciples. I felt a huge wave of relief.

Dan and Ainsley sang, then she ate her sandwich. I was reminded, once again, that things work out. By the grace of God, they work out, even if not according to my master plan.

That theme carried throughout my Easter weekend.

It was evident in our visit to Lexington Square in Lombard, where we stood on one side of the parking lot to wave to my father-in-law on his 91st birthday and then moved to the other to offer a

pre-Easter wave to my mom and her sweetheart. It came to mind as we watched the Easter morning service online from our family room. And when I finally found the creme fraiche in time to make the potatoes.

The weekend in many ways was nothing like the Easter weekends we've experienced in the past — or the one we had planned. But all the truly important pieces were there — seeing our family and friends (even if through a window or from across the back yard), sharing a delicious meal (packaged and dropped off, in some cases) and celebrating Jesus' triumph over death.

"You can't always get what you want," the lyrics to my favorite song remind us. "But if you try sometimes, you just might find, you get what you need."

Thanks be to God.

— Pamela Lannom is editor of *The Hinsdalean*. Readers can email her at [plannom@thehinsdalean.com](mailto:plannom@thehinsdalean.com).

■ I was reminded, once again, that things work out. By the grace of God, they work out, even if not according to my master plan.

## GUEST COMMENTARY

### 'Walden' inspires me while I am waiting

"Will the Corona virus be over tomorrow?" my two young daughters asked. "When will we be able to go somewhere again?"

I struggle to find an answer that satisfies my inquisitive 5-year-old. As the weeks stretch on, I yearn for a sense of normal. When will we go to back the office and school? Will grocery shopping ever feel ordinary again?

So much about our lives has suddenly changed. It's habit. We tend to define our days by what we have going on and where we are going. So, what happens when our nation and world must stay in place?

As we fight this battle against a terrible virus, how do we define our days? Waiting even in the best of circumstances is difficult. As my husband, a doctor, heads out to work the uncertainty rattles my nerves. He does his best to try to stay well. We have a new routine these days. When he gets home from the hospital, I open all the doors as he races in to wash his hands and shower all the potential virus away. The anxiety of what his day might bring can be overwhelming sometimes.

I try to push my own fears aside, determined to find some meaning and purpose with our time at home. We take frequent walks to get out. The sunshine and crisp air give me hope. My thoughts drift to a trip I took years ago to Walden pond. I think of the small cabin and the water's shore.

Henry David Thoreau retreated to the woods to meditate and feel a greater



Amy McCauley

closeness to nature. In "Walden," Thoreau asks us to open our eyes to see the truths of life hidden by all of our daily business.

"I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I

could not learn what it had to teach, and not, when I came to die, discover that I had not lived," he wrote.

Those seemingly urgent matters and appointments I once had, have now been indefinitely postponed or canceled, making room for my thoughts. All this waiting has caused me to think deeply about what really matters.

Waiting for the unknown takes a deep faith. As I have grown older, I have come to know that faith is more of an attitude. It's actively hoping and believing in the things we cannot see and control. As I look within, I am determined to seek the good.

Watching, I see it in the faces of all those who are helping. I see it in the small things, too, like text messages, phone calls, long distance waves and prayers. Worries still have a way of creeping up on me, but I do my best to live in the moment.

Like Walden, this time has allowed me to reflect on the things that really matter — family, friends and faith. So, while I am waiting, I might live more fully with a renewed sense of gratitude, love and purpose.

— Amy McCauley of Hinsdale is a contributing columnist. Readers can email her at [news@thehinsdalean.com](mailto:news@thehinsdalean.com).

## LETTERS TO THE EDITOR

### Preservation: actions truly speak louder than words

The village's website proudly declares that it is "strongly committed to the preservation of its community character and historic past."

The historic Dean house begs to differ. It is slated to be torn down with little more than a collective yawn from the village board. Another local developer, when complimented on her recent purchase of a historically significant home, declared, "This one is going down."

In the 15 years since the New York Times deemed Hinsdale the epicenter of the teardown trend, all that we have to show for the village's efforts to erase that label is its "strongly" worded, self-promotional website

declaration.

It's time to determine if our elected officials are serious about historic preservation. Lets start by rewriting the village's historic preservation ordinance, which has not been touched in 20 years. Next, lets at least give the historic preservation commission more power than the Hinsdale Central Student Council. Last, it's time to streamline the permitting process and eliminate the exorbitant costs imposed by the village on reconstruction projects. We should be incentivizing responsible historic redevelopment projects, not ensnaring them in red tape and hidden fees.

— Sarah Barclay, Hinsdale

### Sidewalk chalk art, messages are making a difference

I would like to thank the children of Hinsdale for their artistic expressions. As I walk or run (at a socially responsible distance) through town, I see your efforts: the chalk drawings and mosaics on the driveway or sidewalk, the painted 'kindness' rocks you left at the base of trees with positive messag-

es or the drawings you put up in your windows.

All of these have made me smile. Thank you for brightening my day and the whole town; your efforts have not gone un-noticed. Please keep up the good work. We all need this right now!

— Arlene R. Jarzab, Hinsdale



## LETTERS POLICY

### Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number

- documentation must be provided for numbers, statistics and other facts mentioned in the letter
- no form letters

### Submission

- e-mail to [news@thehinsdalean.com](mailto:news@thehinsdalean.com)
- fax to (630) 323-4220
- mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale IL 60521

### Questions?

Call (630) 323-4422

# OBITUARIES

## Diane Fahey

Diane Fahey, nee Haig, of Oak Brook passed away peacefully April 14, 2020.

Diane, 76, loved life, spending every day with a smile on her face and never having a bad day.

She is survived by her husband, Thomas L. Fahey; her children, Barbara (Patrick) McCarthy, Richard Parrillo Jr., Michael (Tracey) Parrillo and Beau Parrillo; her stepchildren, Lisa (Jack) Hlustik and Michelle (Charles) Annella; her grandchildren, Patrick Jr., Hugh and Morgan McCarthy, Richard Parrillo III, Olivia, Emmaleigh, Lilly and Lucia Parrillo, Josephine Parrillo, Dominic and Chloe Hlustik, and Gianna and Nicole Annella; her siblings,



**Fahey**

Carol (Larry) Banas, Judi Weigle and Pattie (Bob) Baylati; and her sisters-in-law, Irene and Susan Fahey.

With the current restrictions on public gatherings, all services will be immediate family only. A future celebration of Diane's life is expected to be held.

In lieu of flowers, memorials may be made online to St. Jude Children's Research Hospital at <https://www.stjude.org>.

People are asked to sign the online guestbook and tribute page at <https://www.sullivanfuneralhomehinsdale.com>. Sullivan Funeral Home of Hinsdale handled the arrangements.

## William H. Johnston

Billy Johnston Jr., former Hinsdale resident, died March 27, 2020 at his Ocean Reef, Key Largo, Fla., home with his wife, Jane, and son, John, by his side.

He was raised in Jacksonville, Fla., graduated from the University of Miami in 1957 and went on to serve in the United States Coast Guard from 1957-61.

Billy met Jane in 1957 and married her in 1958 in El Paso, Texas. They raised their three children, Duke, John, and Heather in Hinsdale and Burr Ridge.

Billy had a longtime career in horseracing, management and ownership at Sportsmans, Maywood and Balmoral Park racetracks. He notably brought George Steinbrenner and his children into the ownership group of Balmoral and Maywood.

He also was involved in the greyhound industry in Florida and had a passion for com-



**Johnston**

mercial real estate and farming.

An active figure in his Florida community, Billy was a member of the Key Largo Anglers Club and the Ocean Reef Yacht Club. Billy enjoyed golf and tennis but had a passion for boating. He designed and built two trawlers with his friend and naval architect, Art DeFever. He extensively cruised the Great Lakes and the Atlantic coastal towns, including traveling the great loop twice.

Billy is survived by his wife, Jane, née Grubb; his children Duke, John and Heather; and seven grandchildren and great-grandchildren.

Interment will be private at Bronswood Cemetery in Oak Brook.

In lieu of flowers, memorials may be made to the JDRF Illinois Chapter, 1 N. LaSalle Street, Ste. 1200, Chicago, IL 60602.

Sullivan Funeral Home in Hinsdale handled the arrangements.

## Delores Marks Ruth

Delores Marks Ruth, 83, née Delores Faye Allen, a longtime Hinsdale resident, died April 10, 2020.

Delores was a graduate of the College of DuPage, DePaul University and George Williams College. She was the proud proprietor of Hattie Allen Antiques.

For many years, Delores was a member of the Union Church of Hinsdale. She also was a fond friend to many at the Graue Mill Condominiums.

She was preceded in death by her husbands, Samuel I. Marks Jr. and Charles E. Ruth.



**Ruth**

She is survived by her son, Stephen A. Marks; her grandsons, Samuel I Marks, III and Nathan J. Marks; and her nieces and nephews in the Perkins family.

Interment is private.

In lieu of flowers, memorials may be made to the Salvation Army, 615 Slaters Lane, Alexandria, VA 22314 or online at <https://www.salvationarmy-usa.org>.

To show support for the family, please consider signing the online guest book at <https://www.sullivanfuneralhomehinsdale.com>.

## Yard waste pickup set to begin April 20

Republic Services has delayed the start of yard waste collection in Hinsdale from April 1 until Monday, April 20.

Republic told the village that residents can take large quantities of landscape waste to one of three waste transfer stations in DuPage County.

They are

- AK Mulch & Firewood, 631 E. Wildwood Ave., Villa Park,

(630) 530-6900

- Anderson Landscape Supply, 787 S. Route 83, Elmhurst, (630) 833-1251

- DuPage Yard Waste/Midwest Compost, 1195 W. Washington St., West Chicago, (630) 876-8900

For smaller quantities, Republic suggests managing landscape waste with green lawn care practices or com-

posting.

"This is not an ideal solution, but it was suggested by Republic Services as a temporary measure," George Peluso, director of public services for the village, wrote in an email.

Residents with questions should call the public works department at (630) 789-7042 or Republic Services Allied Waste at (630) 964-3232.



**Brian Powell, Sr.**  
**Brian Powell, Jr.**

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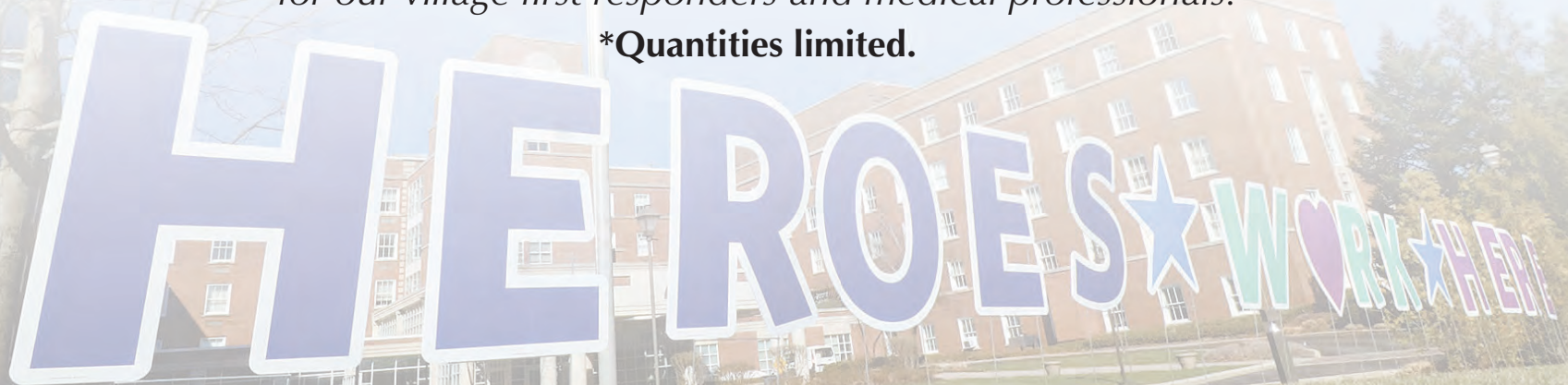
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# BUSINESS PROFILE

## CAFÉ LA FORTUNA

Café la Fortuna owner Angela Lavelli said she didn't think her Hinsdale business would be able to continue operations when Illinois eateries were ordered to cease dine-in service last month due to the COVID-19 pandemic.

"I was thinking that I was going to be closing down," she said, noting the coffee house doesn't carry many food items.

One month later, she's still brewing up a storm at her 46 Village Place shop.

"I am really thankful," she said. "(Customers) from Hinsdale, from Clarendon Hills, from Western Springs, they keep coming."

Transitioning the business from walk-in to mostly phoned in orders was not easy, Lavelli admitted.

"I was a little overwhelmed," she said "Sometimes I just said, 'Oh my goodness!' But in the morning, it's so exciting when the phone starts ringing and the orders start coming in."

Café la Fortuna is open from 7 a.m. to noon (see full listing of hours for Hinsdale eateries on Page 22) for curbside pickup as well as non-contact delivery in Hinsdale and Clarendon Hills.

Because of the small size of the

shop, Lavelli and her employee, Richard, try to be the only ones inside. She expressed gratitude for all the support she's received.

"I had the feeling all my friends and customers would help," she said. "They asked, 'What do you need? People keep going and making me work and keeping my business open. I can only say that I have the best customers.'"

A kind of solidarity has also percolated among the village enterprises in their shared challenge. She has been selling doughnuts from Page's Restaurant at the café on the weekend, and eateries have been promoting her coffee.

"We are trying to support each other," Lavelli remarked. "I'm sure as a community we could get out of this stronger than before."

Delivery service has been a new dimension to the business. Thankfully she had an in-house crew ready to deploy.

"My three children are the ones who are doing the deliveries," she said.

Café la Fortuna, which stakes its popularity on roasting their own beans imported from Chiapas, Mexico, opened in Hinsdale in 2012. Over the last several weeks,

Lavelli has learned that some are still discovering the alley outpost.

"We have a lot of new faces. It's like there's a lot of people who didn't know that we were here," she said, suggesting a silver lining within the adversity.

Thankfully, her suppliers have been able to keep up with the demand.

Even with the shop being open half the day, the level of activity has kept her schedule full.

"We were not organized for what we are doing now," Lavelli acknowledged.

And she eagerly awaits the day when Café la Fortuna can fully reopen, recognizing that an extended stay-at-home order will put additional pressure on households to budget their resources. But a relaxation of restrictions should be in a way that maintains safety.

"I really hope that everyone stays healthy so that the economy can recover," Lavelli said.

"Hinsdale is a great community and everyone cares about each other," she added. "I feel blessed to be here and am so thankful for all my customers."

— by Ken Knutson



Café la Fortuna owner Angela Lavelli said switching to a carry-out/delivery only business due to COVID-19 was a challenge at first. But she said the response from patrons has been touching. (Jim Slonoff photo)



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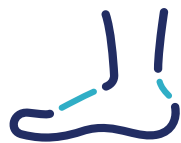
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## GOOD NEWS

### D181 DONATES FACE SHIELDS

Community Consolidated District 181 donated 425 medical face shields to local health care professionals April 3 after D181 families volunteered to assemble the shields.

The shields, critical for health professionals as they care for those affected by COVID-19, were donated to Amita Health Adventist Medical Center and two nursing homes, ManorCare Health Services in Hinsdale and Chateau Nursing and Rehabilitation Center in Willowbrook.

With social distancing guidelines in place, D181 families gathered to assemble the face shields at Hinsdale Middle School.

"There was so much positive energy in the room during this collective effort to support our community," said Meeta Patel, an Elm School parent and D181 board vice president, who helped organize

the donation.

"I'm thrilled that we were able to provide this necessary equipment to the frontline health care staff at these local organizations," Superintendent Hector Garcia said.

Sudhir Ravi and Technology Venture Partners provided the face shields at cost and the D181 buildings and grounds team helped to facilitate a safe environment for the assembly.

Volunteers who assisted with assembly were Hessen, Noura and Salma Alsheik; Zayna and Senna Asbahi; Summer Barbour; Hector, Tricia, Katie, Colleen, Aidan and Erin Garcia; Meeta, Ankit, Esha and Sameea Patel; Lena and Leila Shahbandar; and Priyansh Sharma.

— Photos appear online at <https://www.facebook.com/thehinsdalean>.

### FREE LUNCH FOR FIRST RESPONDERS

Concklin Insurance Agency

in Lombard is donating lunch to first responders in several suburbs.

The agency is providing lunch from Jersey Mike's to the Hinsdale Fire Department every Wednesday in April. The company also is buying lunch for workers at Good Samaritan Hospital in Downers Grove, the Lombard Police Department and the Addison and Oak Brook fire departments.

Hinsdale's Craig Concklin is president of the company.

"We are very proud that we can continue to serve our clients, support our employees and flatten the curve, but we recognize that not everyone is as fortunate," Concklin said. "It is also very humbling to know that the reason we can do all these things is because essential industries like restaurants and first responders are continuing to go to work. I wanted to show our gratitude and support for small business and do something for those in our community who put their safety and health on the line every day."



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PM HALF DAY: 12:30PM-3:00PM

Directed by: Shawna Zsinko and Mark Cunningham,  
Head Tennis Coaches at Elmhurst College

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MORT 1119-0157-1431801

## Expert shares strategies for parenting

*'Untangled' author talks about stress, anxiety during COVID-19 in D181 webinar*

**By Pamela Lannom**  
plannom@thehinsdalean.com

Anxiety and stress can be normal and healthy responses but are often vilified, psychotherapist and best-selling author Lisa Damour said Tuesday night.

"This is something that has definitely gotten lost," she said.

Damour presented a special webinar edition of The Community Speaker Series presented by the District 181 Foundation to discuss the challenges of parenting during the COVID-19 pandemic.

Anxiety works like an alarm system to keep us safe. It becomes unhealthy only in the absence of a threat or when it is "grossly out of proportion" to the threat.

"A degree of anxiety right now makes sense," she said. "I can tell you that I feel largely comfortable at home ... but when I go to the grocery store, my anxiety goes up and it's not a particularly comfortable thing."

People experiencing anxiety often have a physical response. Their heart rate goes up, their breathing changes and they might feel queasy — essentially a "fight or flight" response, she said.

The best first step is to calm the physical reaction by changing breathing. She recommends square or box breathing: breathe in for a count of three, hold for three, exhale for three and wait for three.

"If you do this a few times, you usually feel quite a bit better," she said.

People can reframe how they see anxiety, recognizing that emotional arousal can be beneficial and a signal that they are primed and ready to go. Anxious thoughts can be mitigated by examining how much danger is really present and how that danger can be managed.

"It is almost always the case that we have overestimated the danger we are in or underestimated our ability to manage that danger," she said.

Stress is a normal response to situations that require us to adapt, she said. Stress becomes unhealthy when it is chronic.

Routines can help alleviate stress by removing the number of daily decisions that need to be made.



**Questions about how** much pressure to put on kids around remote learning were prevalent during Tuesday's webinar with Lisa Damour. She suggested a moderated approach. "If you have to fight them tooth and nail all day to make it happen and it feels like it's destroying your relationship, you are robbing Peter to pay Paul," she said. "They don't have to do it all and they don't have to do it all every day." (file photo)

"Having to decide all of these things each day takes it out of us," she said, noting that her routine at this point is aspirational.

The best way to deal with persistent uncertainty, Damour counseled, is to divide problems into two categories: those you can do something about and those you can't. And then stop fighting the things you cannot control.

"This is the simplest advice and the hardest thing to do," she said. "The advice here is to practice acceptance and just let it go as much as you can."

Establishing a good breathing practice through yoga or meditation can make a real difference.

"Meditation has actually ritualized acceptance, which is hugely valuable at times like this," she said.

Parents can help kids through this time by giving them some control, predictability and quality parent interactions.

She suggests agreeing to a portion of the day when kids are "off the clock," say from 8 a.m. to 4 p.m.

"As long as you are taking care of your business, I will stay out of your business," she recommended say-

ing. "Designate times when kids are not accountable to you."

Having fun is critical, she said, noting that her daughters have instituted costume nights for dinner.

"It's hilarious," Damour related. "Is it exactly what I want to do at 6 o'clock? Not always."

"It's not icing," she stressed. "It's the cake. Having these positive, enjoyable times with each other is actually critical to getting them through the chronic stress experience."

In response to questions from parents relayed by moderator Cara Hurley, a licensed psychologist from Hinsdale, Damour said adults should be mindful of how much and what type of information their children are getting about COVID-19.

"With younger kids, we probably want to be very careful with how much information they are getting or how," she said, noting that some news coverage tends to overestimate danger and underestimate resources. "For teens, have them look at good information. If they are curious, they can handle it."

She encouraged parents who

asked about their kids' motivation to offer some incentives.

"Here is what I am hearing everywhere: Kids have zero motivation. It's not your kid," she said.

She wrote a piece for the New York Times in which she compared kids' view of the current situation as "all vegetables, no dessert."

"Who wants that for dinner?" she asked.

"Don't underestimate carrots," she said. "It's great if kids have intrinsic motivation. If they don't have it right now, that's not a problem. Extrinsic motivation is fine. I'm 50 years old in my dream job and I still have to use extrinsic motivation."

Her rules about screen time have not changed during these days of sheltering at home, she said.

"Too much screen time is screen time that undermines the ability to get a good night's sleep, gets in the way of physical activity, gets in the way of time with family, gets in the way of meaningful work, gets in the way of helping around the house," she said. "First figure out what you're for, and then put the screen time around the edges of that."

Damour encouraged parents to "pour on the empathy" when kids are distraught about the cancellation of special events like prom and graduation and even fifth-grade clap outs.

"What's so hard is there is no fix. We can say, 'Yeah, we'll do it in September. It will be just as good.' It won't be just as good," she said.

While no one would have wished for the current situation, she said it offers a unique opportunity to clear up the cultural misunderstanding that good mental health means you feel good.

"Mental health is that you have the right feeling at the right time and you can stand it," Damour said.

People who go through hard times learn to be less frightened of discomfort and find other challenges are less troubling. Learning to live with distress is an important life skill.

"They will be more durable going forward and they will have more personal freedom going forward," she said. "To me, that's big — and that's what we can do with this thing we otherwise can't fix."

# PULSE



**Commission a “Bad Pet Drawing”** by April 20 and help raise money for the Hinsdale Humane Society and its Tuthill Family Pet Rescue & Resource Center. For details, see the listing on Page 20. (art provided)

**Note:** The following programs had not been canceled due to COVID-19 when this listing was finalized Tuesday.

## ARTFULLY DONE

### ■ Studio 415

<https://www.thecommunityhouse.org/how-to-stay-home-have-fun>

Take advantage of this opportunity to participate in a LyArts program from the comfort of home. Join LyArts program director Jimmy McDermott on Facebook Live every weekday at 4:15 p.m. to participate in an art project. The Facebook Live link and the week’s lineup of sessions and supplies can be found using the web address

listed above.

### ■ Pollinators in Action: Flowering Journeys

May 6  
Mayslake Peabody Estate  
1717 W. 31st St., Oak Brook  
(630) 206-9566  
<https://www.dupageforest.org>

Enjoy this exhibit featuring works in a variety of mediums and gain a better appreciation of pollinator powerhouses. A free two-hour reception will be held at 6 p.m. May 7.

## CENTRAL TIME

### ■ Buy a Brick

<https://d86.hinsdale86.org/Domain/8>

Be a permanent part of the history of Hinsdale Central High School by buying an engraved brick, to be installed in spring of 2022 once the new fine arts entrance is completed. Visit the website above and find the e-flyer under the “Weekly eBlast” tab, or pick up a form at the main entrance or main office of Hinsdale Central, 5500 S. Grant St. Cost:

\$100 per brick.

## COVID 19 DRIVES

### ■ HCS Junior Board Online Food Drive

Ongoing  
19 E. Chicago Ave., Hinsdale  
<https://www.hcsfamilyservices.org>

The HCS Family Services Jr. Board is sponsoring this food drive to help stock the shelves at the agency’s food pantry. Needed items are peanut butter, rice, pasta, pasta sauce, cereal, pancake mix, tuna fish, canned chicken, canned fruit, canned vegetables, household cleaning supplies, toilet paper, paper towels, diapers and bath soaps. Shop online with delivery to the address listed above or drop items off in the red bin outside the door (bin emptied daily). To make a cash donation, visit the website listed above.

### ■ Bad Pet Drawings Virtual Fundraiser

Through April 20  
Hinsdale Humane Society  
<https://bit.ly/HHS-Pet->

Drawing  
(630) 323-5630

For a \$15 donation, individuals can email their favorite pet photo and receive a custom pet drawing created by Hinsdale Humane Society staff and volunteers in return. Proceeds will help offset shortfalls due to canceled or postponed events, declining adoptions at the Tuthill Family Pet Rescue & Resource Center and dwindling donations. Organizers hope participants subscribe to the theory that making bad art is better than making no art. Register at the address listed above then email the pet photo to [dee.downs@hinsdalehumanesociety.org](mailto:dee.downs@hinsdalehumanesociety.org). Questions? Email Dee Downs or call her at the number listed above. Cost: \$15.

## DINING LOCAL

### ■ Altamura

9 W. First St.  
(630) 755-5252  
<https://www.altamurapizza.com>

*Please turn to Page 22*

# Hinsdale Public Library is CLOSED, but connected

The Library’s digital collection is always available to HPL cardholders at [hinsdalelibrary.info/downloadables](https://hinsdalelibrary.info/downloadables).

## The Other Netflix

Praised as “the best video streaming service for quality, thoughtful entertainment,” **Kanopy** offers thousands of movies, documentaries, foreign films, and more.

- Borrow 8 titles/month with your HPL card
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- Search Kanopy Kids for popular TV shows and movies available for unlimited borrows



Browse our digital collection at [hinsdalelibrary.info/downloadables](https://hinsdalelibrary.info/downloadables)



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## Get in Touch

Email [circulation@hinsdalelibrary.info](mailto:circulation@hinsdalelibrary.info) for questions about your card or account.

Email [adultservices@hinsdalelibrary.info](mailto:adultservices@hinsdalelibrary.info) for questions about digital services.

## Get a Card

Register for an online card to get immediate access to the Library’s digital collection at [hinsdalelibrary.info/get-a-card](https://hinsdalelibrary.info/get-a-card).

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630.986.1976

[hinsdalelibrary.info](https://hinsdalelibrary.info)

*opening doors ...*

# Manage screen time with these quarantine guidelines

Dear parents,  
I feel your pain. If you were ambivalent about your child's screen time pre-pandemic, now you might really be feeling that way. Our kids are exclusively learning online and have fewer options for entertaining themselves.

Perhaps you're not only concerned about how much time your child is spending online, but also about the quality of what they're spending it on beyond schoolwork. You might rely on your child being on a screen to get through your work day or avoid conflicts with siblings. Our current situation truly creates a conundrum. Although there is no prescribed amount of screen time while we are quarantined, here are a few guidelines to consider.

**• Reframe your beliefs.**

I've had to shift my thoughts and feelings about technology for the time being. I used to worry about the real-life experiences my teen son was missing out on when he gamed online with friends. Now, technology allows him to "be" with his friends, which is develop-

mentally significant for him. They cajole one another and laugh while they're gaming. It brightens my day to hear him sound joyful in the midst of the sadness we are experiencing.

Don't obsess over the quality of your child's screen time right now. Their brains won't disintegrate if they watch meaningless YouTube videos in the short term. This is not to be confused with viewing inappropriate content. The rules you had before should remain the same.

Do check in about what purpose screen time serves for your child. Watch for changes in mood related to online time. Are they using it in ways that make them feel better or worse?

**• Maintain predictability**

In the face of uncertainty, children of all ages benefit from knowing what to expect (though teens would have you believe otherwise). Having consistent routines and expectations helps one



**Alisa Messana**  
*On mental health*

feel safe and offers some sense of control when things are fluid and changing. Keep as much of that in place regarding screen time as you can while being realistic about current circumstances. It will also make resuming to previous life easier.

If devices weren't allowed at the dinner table before, they shouldn't be now.

Prevent your child from reverting to newborn status where days and nights are mixed up. Keep screens out of the bedroom at night.

**• Practice patience**

Expect you'll have difficult days, as will your child. When parents feel unsure about how to handle children's behavior that makes them uncomfortable, it's easy to slip into micromanagement or avoidance mode.

Our role as parents shifts throughout our child's developmental stages. When children are young, we are their teacher. It's our job to help them learn

about using technology by setting age-appropriate limits and listening to feelings about those limits when they arise.

As children move into adolescent years, we build on the foundation set in childhood and shift to a coaching role. Know your child's strengths and challenges with navigating screen time while providing guidance and support. Explain the expectations you have come from a caring place, and be a good listener.

By the time they reach young adulthood, we serve as consultants. Young adult children may check in with us to get advice or help problem solve around ways technology is impacting them.

While children may temporarily regress somewhat during this unusual time, it's helpful to remember our role.

We've not been through a pandemic before. Be gentle with your parenting self and hang in there!

— *Alisa Messana of Hinsdale is a licensed clinical social worker and a mental health consultant.*

■ I've had to shift my thoughts and feelings about technology for the time being.



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# PULSE

## Continued from Page 22

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■ **Baldinelli Pizza**  
114 S. Washington St.  
(630) 654-4600  
<https://www.baldinellipizza.com>

Curbside pickup and free delivery available, plus frozen pizzas available. Hours: 11 a.m. to 8 p.m. Monday to Thursday, 11 a.m. to 10 p.m. Friday and Saturday, 3 to 8 p.m. Sunday.

■ **Café la Fortuna**  
46 Village Place  
(630) 537-1586  
<https://www.lafortunahinsdale.com>

Curbside pickup and non-contact delivery available for Hinsdale and Clarendon Hills. Hours: 7 a.m. to noon Monday to Saturday.

■ **Casa Margarita**  
25 E. Hinsdale Ave.  
(630) 455-9000  
<https://www.casamargarita.com>

Delivery available through DoorDash, Grubhub and Uber Eats. Hours: noon to 9 p.m.

■ **Egg Harbor**  
777 N. York Road  
(630) 920-1344  
<https://www.eggharborcafe.com>

Curbside pickup and delivery through DoorDash available. Receive a free kids meal with purchase of adult entree by using promo code KIDZ; receive a free 12-ounce orange juice or 12-ounce strawberry orange juice with purchase of adult entree by using promo code OJ. Hours: 7:30 a.m. to 1:30 p.m.

■ **Fontano's Subs**  
9 S. Lincoln St.  
(630) 789-0891  
Delivery, takeout and pickup available. Only three customers are allowed inside the shop at a time. Hours: 10 a.m. to 3 p.m. Monday to Saturday.

■ **Fuller House**  
35 E. First St.  
(630) 568-5466  
<https://www.fullerhousebar.com>

Takeout, curbside pick-

up and delivery through DoorDash and Uber Eats available. Hours: 11:30 a.m. to 8:30 p.m.

■ **Giuliano's Ristorante**  
40 Village Place  
(630) 734-1500  
<https://www.giulianospizza.com>

Regular or non-contact delivery and carryout available. Hours: starting at 4 p.m.

■ **Harry & Eddie's**  
29 E. First St.  
(630) 590-9047  
<https://www.harryandeddies.com>

Closed temporarily.

■ **Hua Ting**  
777 N. York Road  
(630) 789-0505  
<https://www.huatinghinsdale.com>

Closed until further notice.

■ **Il Poggiolo**  
8 E. First St.  
(630) 734-9400  
<https://www.ilpoggiolohinsdale.com>

Curbside pickup, delivery and DoorDash delivery available. Purchase a \$125 gift card for \$100. Hours: 4 to 8 p.m. Tuesday to Sunday.

■ **Jade Dragon**  
43 S. Washington St.  
(630) 323-6959  
<https://www.jadedragonhinsdale.com>

Carryout and delivery available. Hours: 11 a.m. to 9 p.m. Tuesday through Thursday, 11 a.m. to 9:30 p.m. Friday, 11:30 a.m. to 9:30 p.m. Saturday, 11:30 a.m. to 9 p.m. Sunday.

■ **Nabuki**  
18 E. First St.  
(630) 654-8880  
<https://www.nabukihinsdale.com>

Curbside pickup available. Hours: 4 to 9 p.m., ordering starts at 3 p.m.

■ **Sweet Ali's Bakery**  
13 W. First St.  
(630) 908-7175  
<https://www.sweetalis.com>

Curbside pickup. Hours: 10 a.m. to 4 p.m. Tuesday, Wednesday, Friday and Saturday, 10 a.m. to 5:30 p.m. Thursday.

■ **Toni Patisserie & Café**  
51 S. Washington St.  
(630) 789-2020

Please turn to Page 24

## BILL KNOWS HINSDALE

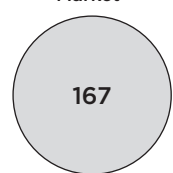
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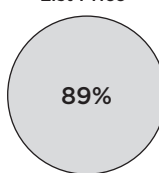
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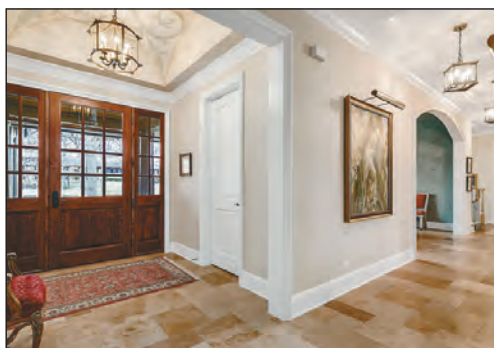


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BAIRD & WARNER HINSDALE

# PULSE

Continued from Page 22

<https://www.tonipatisserie.com>

Closed until further notice.

## ■ Vistro

112 S. Washington St.  
(630) 537-1459  
<https://www.vistrorestaurant.com>

Closed until further notice.

## ■ Wild Ginger

44 S. Washington St.  
(630) 323-1888  
<https://www.wildgingerhinsdale.com>

Carryout, curbside pickup and delivery available. Hours: 11 a.m. to 9 p.m. Monday to Saturday, noon to 9 p.m. Sunday.

## ■ YiaYia's Cafe

13 Grant Square  
(630) 487-5600  
<https://www.yiayiashinsdale.com>

Carryout and delivery through DoorDash and Grubhub available. Hours: 8 a.m. to 2 p.m.

## GAME ON

### ■ School Age Gymnastics

Tuesdays, May 19-June 23  
Westmont Community Center  
75 E. Richmond St.  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Kids age 6-12 will develop fitness, character and self-esteem while also learning gymnastics skills in a fun and positive environment. Time: 4:35 to 5:15 p.m. Cost: \$52. RR

## GREAT OUTDOORS

### ■ Bird Walk

May 1  
Fullersburg Woods Nature Education Center  
1707 Spring Road, Oak Brook  
(630) 850-8110  
<https://www.dupageforest.org>

Join a naturalist-led observational walk to see how the diversity of birds changes through spring. Get fun facts and a brief intro to bird identification before the walk. Participants should bring binoculars and water. The walk is for ages 18 and up. Time: 7:30 to 9:30 a.m. Cost: \$5. RR

### ■ Inside Out: Pollinators

May 2

Mayslake Peabody Estate  
1717 W. 31st St., Oak Brook  
(630) 206-9566  
<https://www.dupageforest.org>

Learn about pollinators during a walk outside and through conversations inside Mayslake, touring select rooms featuring pollinator-inspired decorations and a treat. This program is for ages 18 and up. Time: 1 to 2:30 p.m. Cost: \$10. RR

## HEALTH & WELLNESS

### ■ Virtual counseling

(224) 770-2489  
<https://www.journeycare.org>

JourneyCare counselors will provide care and support for patients and families in need with online counseling 24 hours a day, seven days a week. Call the number listed above for immediate assistance (24 hours a day, seven days a week) or complete the form available at the website listed above so the appropriate JourneyCare team member can follow up as soon as possible.

### ■ Spring Kitchen Makeover

April 16  
<https://www.wellnesshouse.org/virtual-programs>

Learn how to freshen up one's kitchen, update one's pantry staples and food storage, prepare a variety of recipes with greens and prepare meals on the fly. The program is for those touched by cancer. Time: 6 to 7:30 p.m. RR

### ■ Yoga for Cancer

April 17  
<https://www.wellnesshouse.org/virtual-programs>

Learn gentle, beginner and restorative yoga postures designed to reduce cancer related side effects. No prior yoga experience is needed. Time: 4:30 to 5:30 p.m. RR

### ■ Easy Ingredient Swaps

April 18  
<https://www.wellnesshouse.org/virtual-programs>

This online cooking class will focus on modifying one classic recipe to make it plant-based. The program is for those touched by cancer. Time: 9:30 to 10:30 a.m. RR

### ■ Mindful Vinyasa Flow Yoga

Mondays, May 4-June 22  
KLM Lodge

Please turn to Page 26

@properties

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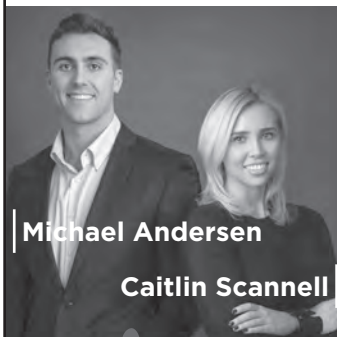


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**Continued from Page 24**

5901 S. County Line Road, Hinsdale (630) 789-7090 <https://www.villageofhinsdale.org/pr>

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■ **Junior Firefighters**

May 5  
Hinsdale Fire Department  
120 Symonds Drive  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Kids ages 3-8 with an adult can learn directly from Hinsdale firefighters about fire safety practices. Children will tour the Fire Safety house, and firefighters will show participants how to exit a home in the event of a fire and how to recognize potential fire hazards. Participants are asked not to bring strollers and to limit the number of accompanying family members. Time: 4 to 4:45 p.m. Cost: \$10.

**LISTEN & LEARN**

■ **Humane Ed Live**

Thursdays through June 4  
<https://www.hinsdalehumanesociety.org/events/humane-education-live>

The Hinsdale Humane Society's Jen and Lauren will bring updates from the Pet Rescue and Resource Center, present Books Barks Meow Live! and provide tips and tutorials on pet enrichment activities at home on the HHS Facebook and Instagram sites. A list of program subjects as well as past videos are available at the website listed above. Time: 2:05 p.m.

**SIGN UP NOW**

■ **Maple Street Mixer: Clue-Library Edition**

May 12  
Hinsdale Public Library  
20 E. Maple St.  
(630) 986-1976  
<https://www.hinsdalelibrary.info>

The classic game of Clue moves off the board and into the library for an evening of fun, intrigue (and snacks). Solve the mystery with leads hidden within the library's walls. Time: 7 to 8:30 p.m. RR

**WORSHIP ONLINE**

■ **Grace Episcopal Church**

120 E. First St.  
(630) 323-4900  
<https://www.gracehinsdale.org>

Sunday 10 a.m. service livestreamed at <https://www.facebook.com/graceEpiscopalChurchHinsdale/>

■ **Hinsdale Covenant Church**

412 S. Garfield Ave.

(630) 323-2318  
<https://www.hinsdalecovenant.com>

Thursday 7:30 p.m. worship offered live at <https://www.facebook.com/hinsdalecovenant/>

■ **Hinsdale United Methodist Church**

945 S. Garfield Ave.  
(630) 325-1280

Sunday 10:30 a.m. worship livestreamed at <https://www.facebook.com/hinsdaleumc/>

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■ **Redeemer Lutheran Church**

139 E. First St.  
(630) 323-5530  
<https://www.redeemehinsdale.org>

Sunday 10 a.m. and Wednesday 7 p.m. worship livestreamed at [redeemehinsdale.org/worship-service-video/](https://www.redeemehinsdale.org/worship-service-video/)

*Please turn to Page 30*

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- Avoid touching your face
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- Use services like delivery and curbside pickup whenever possible to avoid close contact with others




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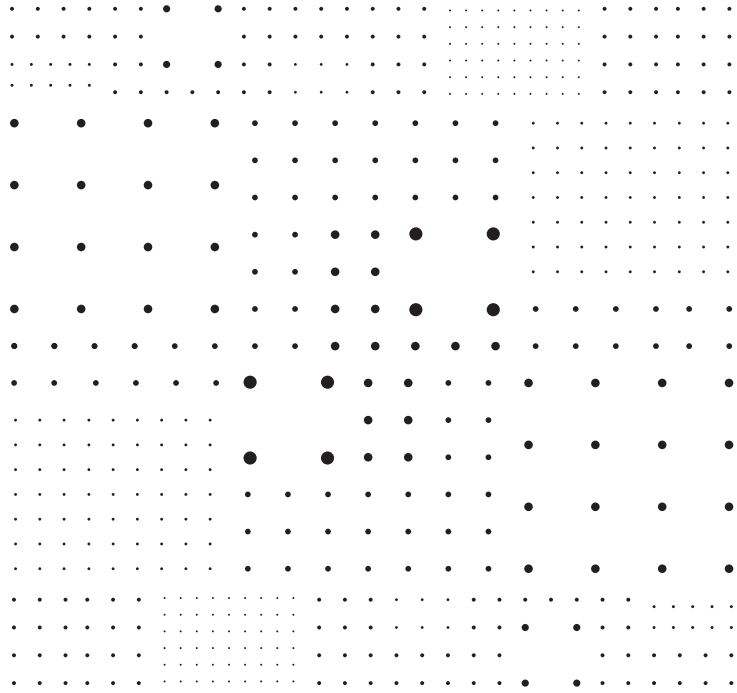
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## Pet pic of the week

**Johnson is an** incredibly regal and dashing male cat, who at 4 years old, has found himself in need of a new home. He weighs 11 pounds and is as handsome as he looks in his photo. The Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center is closed to the public, but anyone who is interested in adopting a pet can fill out an online application at <https://www.hinsdale-humane-society.org> and then call (630)-323-5630 for an interview. (photo provided)



*Continued from Page 26*

■ **St. Isaac Jogues Church**

306 W. Fourth St.  
(630) 323-1248  
<https://www.sij.net>

Livestreaming of Holy Mass available online at 9 a.m. Monday through Sunday at <https://www.facebook.com/pg/StMaryImmaculate/videos/> or 8:45 a.m. Monday through Saturday and 5 p.m. Sunday at <https://www.notredameparish.org>

■ **The Chapel**

620 N. Oak St.  
(847) 201-2777  
<https://www.chapel.org>

Saturday 5 p.m. and Sunday 9, 10 and 11 a.m. worship livestreamed at <https://www.chapel.org>

■ **Trinity Presbyterian Church**

Worshiping at Seventh-Day Adventist Church  
201 N. Oak St.  
(630) 286-9303

Sunday 10 a.m. worship livestreamed at <https://youtu.be/-CK6RPFbOYo>

■ **Union Church**

137 S. Garfield Ave.  
(630) 323-4303  
<https://www.hinsdale.church>  
Sunday 10 a.m. worship and other events livestreamed at <https://www.facebook.com/UCHinsdale/>

■ **Unitarian Church of Hinsdale**

17 W. Maple St.  
(630) 323-2885  
<https://www.hinsdaleunitarian.org>

Sunday 10:30 a.m. worship online at <https://www.youtube.com/channel/CwaGw22jqxSJSi019AgnCca?>

■ **Zion Lutheran Church**

204 S. Grant St.  
(630) 323-0384  
<https://www.zionhinsdale.org>

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*Key*  
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MD - member discount



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**New Word**

**DEBIT**

entry referring to a debt owed

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**SPANISH:** Banco

**ITALIAN:** Banca

**FRENCH:** Banque

**GERMAN:** Bank

**Did You Know?**

ESTABLISHING A BUDGET AND ADHERING TO IT IS A GREAT WAY TO SAVE A LOT OF MONEY.

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How many different size squares are there in this puzzle kite?

Illustrated by David Coulson. Answer: 11 squares.

**Junior Whirl**

by Charles Barry Townsend

1. SAW \_\_\_\_\_

2. \_\_\_\_\_ SAW

3. \_\_\_\_\_ SAW

4. SAW \_\_\_\_\_

5. \_\_\_\_\_ SAW

6. \_\_\_\_\_ SAW

7. \_\_\_\_\_ SAW

8. \_\_\_\_\_ SAW

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Can you guess what the bigger picture is?

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**FIND-A-WORD!** On the top line is our mystery word. You need to fill in the missing letters. Clue words (smaller words contained in letter-by-letter order within the mystery word) are defined below.

1. Lean to one side
2. A social insect.
3. To look over quickly.
4. An airtight container.

Answers: 1. Cant. 2. Ant. 3. Scan. 4. Can.

S			T
	1.		
		2.	
3.			
			4.

**SAWMILL SHENANIGANS!**

The mill foreman, "Bucksaw" Williams, has painted eight partially spelled words on the fence. Each word contains a "saw" in it. Use the hints below to complete each word.

1. Used to hold things up.
2. Has a lot of ups and downs.
3. Scrutinized with care.
4. A \$10 bill.
5. Long, two-handled saw.
6. Knew beforehand.
7. Used to cut sharp curves.
8. Used to cut along the grain.

Answers: 1. Sawhorse. 2. Sawsaw. 3. Oversaw. 4. Sawbuck. 5. Whipsaw. 6. Foresaw. 7. Jigsaw. 8. Ripsaw.

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## Crossword Answers

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A	L	A	M	O			I	M	A		A	N	I
B	E	D	I	M		M	A	D	O	N	N	A	
			I	T	A	L	I	C		R	E	I	N
G	I	S		D	O	A		B	A	S	E	D	
E	R	O	S		U	N	F	I	T				
M	A	N	T	I	S		A	T	O	M	I	C	
			E	L	E	C	T		R	A	G	U	
S	E	R	V	E		L	E	M		D	O	M	
A	L	O	E		I	O	D	I	N	E			
M	A	D	N	E	S		D	E	I	C	E		
O	N	E		O	L	E		S	A	R	G	E	
A	D	O		N	E	T		T	R	A	I	L	


## Is this your license plate?

**Is this your license plate?**  
**Does it belong to someone you know?**



The owner of this car is a winner of an  
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## Yes, I'm a real Hinsdalean!



**YES, I'm a real Hinsdalean!**  
 Today's picture is at:

\_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_

Send your answer to: The Hinsdalean  
 7 W. First St., Hinsdale, IL. 60521  
 or email: tinaw@thehinsdalean.com

One winner will be chosen monthly from all correct  
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Faith is the strength by which  
a shattered world shall emerge  
into the light. Helen Keller

You gain strength, courage,  
and confidence by every experience  
in which you really stop  
to look fear in the face. You  
are able to say to yourself, 'I  
lived through this horror. I can  
take the next thing that comes  
along.'

Eleanor Roosevelt

Hope is a waking dream. Aristotle

It is in the admission of ignorance  
and the admission of uncertainty  
that there is a hope for the  
continuous motion of human  
beings in some direction that  
doesn't get confined, permanently  
blocked, as it has so many times  
before in various periods in the  
history of man. Richard P. Feynman

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It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is not clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing laws.

Anxiety does not empty tomorrow of its sorrows, but only empties today of its strength.

Charles Spurgeon

Isn't it the moment of most profound doubt that gives birth to new certainties? Perhaps hopelessness is the very soil that nourishes human hope; perhaps one could never find sense in life without first experiencing its absurdity.

Vaclav Havel

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**Earth Day**

April 22

# MIND GAMES

- ACROSS**
- 1 PYTHIAS' PAL
  - 6 TRY THE TEA
  - 9 CLEVELAND CAGER
  - 12 MEMORABLE MISSION
  - 13 "LITTLE TEAPOT"
  - 14 BLACKBIRD
  - 15 MAKE OBSCURE
  - 16 "MATERIAL GIRL" SINGER
  - 18 BOLD ALTERNATIVE
  - 20 CHECK
  - 21 DOGTAG WEARERS
  - 23 - GOOD DEED
  - 24 FOUNDED (ON)
  - 25 LOVE GOD
  - 27 ILL-SUITED
  - 29 PRAYING BUG
  - 31 TINY
  - 35 VOTE FOR
  - 37 PREGO RIVAL
  - 38 START A RALLY
  - 41 MOON VEHICLE ACRONYM
  - 43 - PERIGNON
  - 44 SHAVING CREAM ADDITIVE
  - 45 CUT AID
  - 47 INSANITY
  - 49 FREE OF FROST
  - 52 INSEPARABLE
  - 53 BULLRING BRAVO
  - 54 BEETLE BAILEY'S BULLY
  - 55 COMMOTION
  - 56 TRAWLER NEED
  - 57 HIKER'S ROUTE

1	2	3	4	5		6	7	8		9	10	11
12						13				14		
15						16			17			
		18			19			20				
21	22			23				24				
25			26		27		28					
29				30			31			32	33	34
			35			36			37			
38	39	40				41		42		43		
44					45			46				
47				48				49		50	51	
52				53				54				
55				56				57				

- DOWN**
- 1 SLIGHT TOUCH
  - 2 HEARTY QUAFF
  - 3 WISCONSIN'S CAPITAL
  - 4 LEAVE OUT
  - 5 WANDERER
  - 6 APE
  - 7 APPLE PRODUCT
  - 8 CUSHION
  - 9 CHRISTMAS CANDIES
  - 10 WARBUCKS' WARD
  - 11 FOOD ITEM
  - 17 SPEAKER
  - 19 GROWN-UP NIT
  - 21 PRIZED POSSESSION
  - 22 A GERSHWIN BROTHER
  - 24 MORSEL
  - 26 SPIELBERG OR SODERBERGH
  - 28 IN THE CARDS
  - 30 -- -DE-FRANCE
  - 32 FORTIFIED
  - 33 PORTUGUESE WINE
  - 34 "BUT -- ON FOREVER" : TENNYSON
  - 36 SUMMA -- LAUDE
  - 38 STORAGE AREA
  - 39 PAGO PAGO'S PLACE
  - 40 SAVANNA GRAZER
  - 42 WILD WEST SHOW
  - 45 INTERIOR
  - 46 CAPRI, E.G.
  - 48 APPROACH
  - 49 A BILLION YEARS
  - 50 MOVIE TRICKERY (ABBR.)
  - 51 WET WRIGGLER

ANSWERS TO TODAY'S CROSSWORD CAN BE FOUND IN THE CLASSIFIEDS.

## Weekly SUDOKU

by Linda Thistle

	7		5			2		
		2		6			4	
9					1			3
7					6	9		
		3	8				2	
	4			5				7
	6		7					1
		8		1		3		
2					5			8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

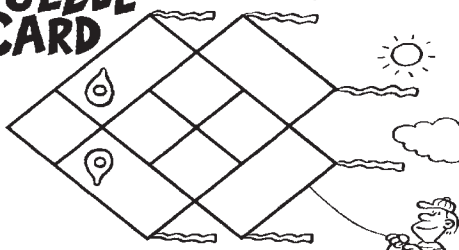
### DIFFICULTY THIS WEEK: ◆◆◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

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## Puzzle CARD

How many different size squares are there in this puzzle kite?



Illustrated by David Coulson

Answer: 11 squares.

**FIND-A-WORD!** On the top line is our mystery word. You need to fill in the missing letters. Clue words (smaller words contained in letter-by-letter order within the mystery word) are defined below.



1. Lean to one side
2. A social insect.
3. To look over quickly.
4. An airtight container.

S				T

Mystery word: Scant.  
Answers: 1. Cant, 2. Ant, 3. Scan, 4. Can.

S	8	9	4	5	6	3	7	1	2	A
U	6	7	3	2	1	9	8	5	4	N
D	2	1	5	8	4	7	6	9	3	S
O	7	3	9	6	5	2	1	4	8	W
K	5	2	1	4	7	8	3	6	9	E
	4	8	6	9	3	1	5	7	2	R
	3	5	7	1	2	4	9	8	6	
	1	4	8	7	5	6	2	3	5	
U	6	6	2	3	8	5	4	7	1	

# HOROSCOPES

April 2020 Horoscopes • Week 4



CAPRICORN

**CAPRICORN – Dec 22/Jan 20**  
Focus on the people who lift your spirits, Capricorn. These people can help you get through tough times and reinspire the self-confidence that has made you such a success to date.



ARIES

**ARIES – Mar 21/Apr 20**  
Aries, reach out to someone who can help take some tasks off of your shoulders and help lighten your load. Realize you don't have to do everything yourself.



CANCER

**CANCER – Jun 22/Jul 22**  
Cancer, you are erecting a protective shell around yourself. There doesn't seem to be any conflict on the horizon, so let your guard down and let others in.



LIBRA

**LIBRA – Sept 23/Oct 23**  
Libra, this is a good week to put into practice the "work smarter not harder" mantra. Figure out what needs to get done and then put the people best suited to the jobs on it.



AQUARIUS

**AQUARIUS – Jan 21/Feb 18**  
The spotlight is on your finances, Aquarius. Looks for ways to grow your savings so you can achieve some of your goals. It may take a few months to see real progress.



TAURUS

**TAURUS – Apr 21/May 21**  
Taurus, you might not be able to balance your budget this week, but you can still create a big picture analysis of where you want to be financially in the weeks ahead.



LEO

**LEO – Jul 23/Aug 23**  
You have a strong magnetic force about you this week, Leo. If you are looking for love and romance, now may be the time to attract someone new or re-ignite a preexisting spark.



SCORPIO

**SCORPIO – Oct 24/Nov 22**  
It has been some time since you've let your hair down and had a good time, Scorpio. Push responsibilities aside for the time being and throw caution to the wind with friends.



PISCES

**PISCES – Feb 19/Mar 20**  
It is time to update your brand, Pisces. That means reinventing yourself. Refresh your résumé and revamp your wardrobe.



GEMINI

**GEMINI – May 22/June 21**  
Your confidence and power of persuasion are elevated this week, Gemini. Any self-doubt will disappear so you can focus on things you want to accomplish.



VIRGO

**VIRGO – Aug 24/Sept 22**  
Virgo, you may not have realized that you have been hibernating away, but it is time to greet the world again. Focus on invites to any and all social events.



SAGITTARIUS

**SAGITTARIUS – Nov 23/Dec 21**  
You may need to clear the air with someone close to you, Sagittarius. Try to figure out a good time to have a heart-to-heart discussion in the next few days.

# The Hinsdalean

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Thursday, April 16, 2020 • Hinsdale, Illinois

*Community journalism the way it was meant to be*



## Design your own cover of The Hinsdalean

We're offering our readers of all ages a chance to color, paint or bedazzle their very own cover of The Hinsdalean this week. When you've finished your work of art, drop it off in our mailbox at 7 W. First St. and we might share it with our readers in the upcoming weeks. If you'd like us to return your cover, please include your address.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

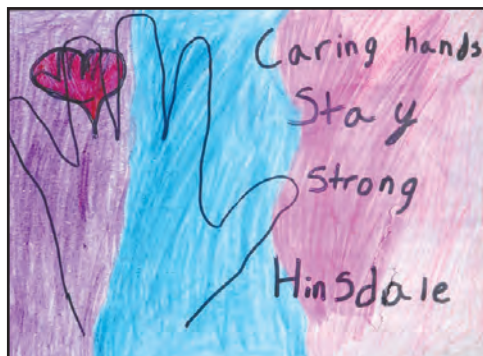


# The Hinsdalean

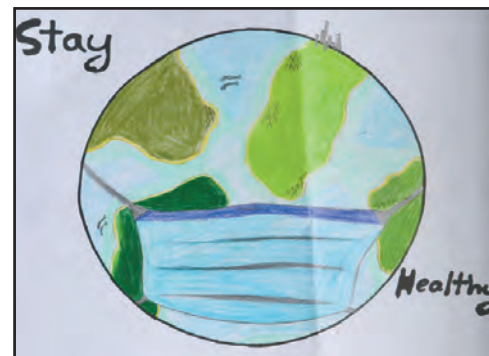
Thanks to all who designed The Hinsdalean's covers this week!



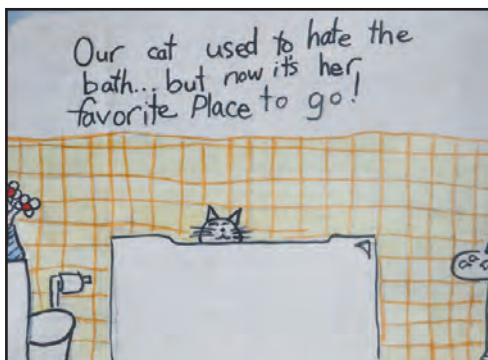
Isabella Eliopoulos



Amelia Bingham



Anton Riegger



Hollie Eden



Grace Tuthill



Lillian Lucht



Anna Brennan



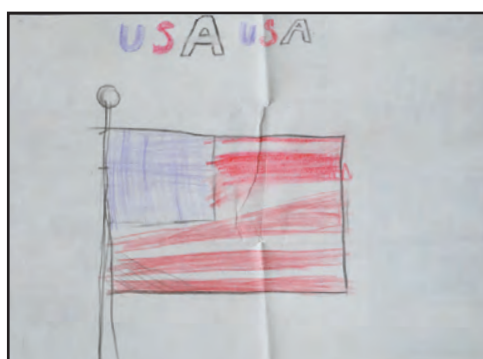
Kaia Knapp



Libby LeStrange



Emily Parwani



Graham Pruitt



Maeve Riordan

Pictures are on display in the window of Kramer Foods.  
Pictures are also available online at [www.thehinsdalean.com](http://www.thehinsdalean.com)

# SPORTS

THROWBACK THURSDAY

## Latest edition of Red Devil rewind

*Hinsdale Central athletes ply their skills, some even after their high school years*

With schools shuttered and spring sports suspended due to the COVID-19 pandemic, The Hinsdalean is reaching back into its archives to recall the people and events that have filled our pages in spring seasons gone by.

**2019** “I have never experienced anything like that. It was so loud and exciting. It’s so uplifting to see so many people out there just wanting you to succeed. It was one of the coolest experiences of my life.” — Central graduate Zach Sayre on the cheering crowds of onlookers as he finished the 2019 Boston Marathon

**2018** “There were 37 girls in our track program when I took it over. My intent was to build the program up into a championship-caliber program because we were at the bottom of the pile.” — Pat Richards on becoming

Central girls track head coach in 1990

**2017** “I think you have to be very competitive. One big thing that I’ve learned is that if you think that other people are faster than you, you’ve already lost the race. You have to be patient with the training.” — Central track athlete Anthony Carta on what it takes to excel as a sprinter

**2016** “It gives us a whole new experience. In our state, we only have a few good teams. (The East Coast) teams are highly competitive, and it gives us a whole new perspective on how to play more as a team and being able to pass more. It’s a quicker game out east.” — Central lacrosse player Megan Draddy on the benefits of the team’s spring break schedule of out-of-state games



**2014** Central’s Clayton Riedl takes a shot on goal during an April 9 game against LT. The Red Devils ended up on the losing end of the 9-3 match against their conference rival. (file photo)

**2015** “Being able to show my skills and prove that I’m capable of doing hard stuff. I think that gymnastics is a diffi-

cult sport and I like composing my own routine. Competing is the most fun actually.” — Central gymnast Nick Altandush on what he enjoys most about the sport

**2013** “The hardest part is the conditioning, all the treading and swimming that we do to get ready for our games. It’s definitely a very physical sport. When we train we wear pretty heavy weight belts. Our legs should be used to prevent someone pushing down on our shoulders. If you do the training and all the conditioning, your legs should be strong enough to keep yourself above the water.” — Central water polo player Brogan O’Doherty on the sport’s most demanding aspect

**2012** “I was 24 when I won my first state title. How many other 24-year-olds can say

that? The success I had was because of Don Watson and what he built here. People came and people got involved. You had tens upon tens upon tens of them, I was able to get in and be coached and mentored and was able to put it all together.” — former Red Devil swim coach Carol Bobo, Central class of 1973, on her induction in to the Woodbury Hall of Fame

**2011** “Golf is definitely different because it’s more individualized than (doubles) badminton. In (doubles) badminton, you can rely on your partner. In golf, when you’re out on the course, you’re on your own. The girls at Central are all really nice. We’re all very close on both teams, so that’s a similarity.” — Central’s Ali Gibson on the two sports programs for which she competed



**2010** Red Devil track member Mike Rogers competes in the shot put event April 10 at the Hinsdale Relays at Hinsdale South High School. (file photo)

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